

More Moms Getting ‘Mommy Makeovers’

Plastic Surgeon Michael Hynes Sees Increase in Number of Moms Wanting Cosmetic Surgery

KANSAS CITY, MO (Sept. 25, 2007) – More moms are scheduling ‘mommy makeovers’ – tummy tucks, breast augmentations and/or breast lifts – than ever before. According to the American Society of Plastic Surgeons (ASPS), more than 325,000 of these three procedures were performed on women between the ages of 20-39 in 2006. The 11 percent increase over 2005 statistics is more than five times higher than the growth of overall cosmetic procedures during the same time period.

Kansas City plastic surgeon Michael F. Hynes, M.D. can attest to the growing popularity of ‘mommy makeovers, especially for women between the ages of 25 to 55. He has performed more than 30 of the combined procedures, tummy tucks, breast augmentations and breast lifts, so far this year. He typically performs 20 to 30 a year.

“Women today, particularly baby boomers, are not willing to accept the affects of aging as well as their predecessors,” said Hynes. “Because women are giving birth later and returning to work sooner, they see cosmetic surgery as the answer to quickly getting their feminine figure back.”

Hynes noted that he inserts a pain pump with a slow, continuous drip at the surgery site. The patient wears the pain pump home and it provides constant pain relief for up to five days. “As a result, the patient is able to return to normal activities much quicker. The mommy makeover procedures, coupled with the pain pump, are a win-win for women,” he said.

One of Dr. Hynes patients, 35-year-old Olathe resident Andi Fredrickson, said she gained considerable weight after giving birth to two children, Micah, 9 and Ethan, 7.

“I was so heavy that I was not able to keep up with my young children,” she said. “After diet, exercise and weight loss I still had excess skin so I decided to get a mommy makeover.”

Fredrickson, who is a voice and piano teacher, claims she looks better now than she did 20 years ago after having a tummy tuck and a breast lift. “I feel more confident and I no longer worry about what people think of me when I perform.”

Shana Sumners, a 27-year-old Olathe resident, decided she also wanted a ‘mommy makeover’ after giving birth to three children, Jerod, 9 and five-year-old twins, Austin and Haley. “I had low self-esteem after having children. I had a lot of stretched skin as a result of my pregnancies and I wanted to put it back where it belonged,” she said. “I’m a young mom and know that I have a lot of years ahead of me to enjoy my new figure.” Hynes performed a tummy tuck and breast augmentation on Sumners last June.

“Patients are 100 percent satisfied with the results of their mommy makeovers,” said Hynes. “They are truly happy people.”

According to the ASPS, the three mommy makeover procedures – breast augmentation, tummy tuck and breast lift – rank first, fourth and fifth respectively among all procedures performed on women between the ages of 20 and 39 in 2006. Women in this age group had 213,500 breast augmentations, 63,400 tummy tucks and 48,500 breast lifts in 2006.

Dr. Michael F. Hynes is a board-certified plastic surgeon by the American Board of Plastic Surgery. He owns the Hynes Plastic Surgery Center, PC located at 930 Carondelet Dr. Suite 102, in Kansas City, Mo. Dr. Hynes has been a plastic surgeon for more than 25 years and was voted by Kansas City Magazine as Kansas City’s ‘best plastic surgeon’ in 2006. For more information on Dr. Hynes, visit www.hynescosmeticsurgery.com.
